

## THE "YES AND NO" OF RECYCLING IN WESTERN MASS

<b>YES - emptied, rinsed and unbagged:</b>	<b>NO - do not place in municipal recycling:</b>		
<b><u>Aluminum</u></b>			
<ul style="list-style-type: none"> <li>➤ cans</li> <li>➤ aluminum foil</li> <li>➤ pie pans, "disposable" aluminum trays</li> </ul>	aerosol cans foil-wrapped pouches (kids drinks, fruit, baby food) "foil" lids from yogurt containers siding scrap metal holiday lights (string lights) pots & pans utensils tools batteries		
<b><u>Steel/Tin</u></b>			
<i>Labels do not need to be removed.</i>			
<ul style="list-style-type: none"> <li>➤ cans: food, pet food, beverage (metal lids OK)</li> <li>➤ tin containers (decorative, popcorn, etc.)</li> </ul>	aerosol cans tanks of any kind hangers scrap metal paint cans pots & pans utensils tools toys holiday lights appliances pipes fuel tanks car parts batteries		
<b><u>Glass</u></b>			
<i>Empty and rinse. Put metal caps back on jars.</i>			
<i>Labels do not need to be removed.</i>			
<ul style="list-style-type: none"> <li>➤ food and beverage bottles and jars, any color</li> </ul>	broken glass holiday lights wine corks dishes drinking glasses ceramics baking dishes cookware (Pyrex) canning jars fluorescent light bulbs light bulbs of any type plate glass windows eye glasses vases mirrors syringes, sharps		
<b><u>Plastics</u></b>			
<i>Empty and rinse. Put plastic caps back on containers.</i>			
<i>ONLY containers smaller than 2.5 gallons are recyclable.</i>			
<ul style="list-style-type: none"> <li>➤ food bottles, tubs, jars: yogurt, cooking oil, condiments, peanut butter, margarine, hummus</li> <li>➤ beverage bottles and jugs: water, juice, soda, milk (empty, rinse if possible, put caps back ON)</li> <li>➤ soap bottles: dish soap, detergent, hand sanitizer</li> <li>➤ personal care bottles: hair products, soaps</li> <li>➤ clear plastic clamshells (no black or Styrofoam™)</li> <li>➤ clear plastic cups, clear plastic egg cartons</li> </ul>	plastic bags plastic wrap/cling wrap cellophane food bags (e.g., candy bars, cookies, pasta) frozen food bags/pouches liners from food packaging plastic plates cups: color or opaque Styrofoam™ (polystyrene): - cups/take-out containers - egg cartons - packaging, peanuts - meat trays small items (less than 3" in diameter): straws, utensils, lids black plastic compostable plastics cookie trays blister pack packaging tubes: toothpaste, hair care prescription pill bottles reusable water bottles toys flower pots containers that held hazardous substances: automotive products, pool chemicals, pesticides, etc. containers over 2.5 gallons: 5-gallon pails, buckets, recycling bins, laundry baskets lawn furniture, swimming pools tarps hoses; PVC piping or tubing CD, DVD, VCR tapes/cases syringes, sharps string lights, electronics		
<b><u>Cartons</u></b>			
<i>Recycle w/containers, not w/paper. Straws go in trash.</i>			
<ul style="list-style-type: none"> <li>➤ milk and juice cartons (plastic spout OK)</li> <li>➤ soymilk, soup, wine, drink boxes (no straws)</li> </ul>	foil-wrapped pouches (kids drinks, fruit, baby food) frozen food boxes ice cream cartons frozen juice cartons plastic straws		
<b><u>Paper and Cardboard</u></b>			
<i>Clean paper only. Flatten boxes.</i>			
<i>"Windows" in envelopes, staples, paper clips, tape all OK</i>			
<ul style="list-style-type: none"> <li>➤ NEW: paper cups (<b>empty</b>: no food, no lids/straws)</li> <li>➤ newspaper, inserts, magazines, junk mail</li> <li>➤ white, colored, glossy, and construction paper</li> <li>➤ corrugated cardboard (tape OK)</li> <li>➤ pizza boxes (<b>empty</b>: no food, wax paper, etc.)</li> <li>➤ boxboard (i.e. cereal, pasta, tissue: windows ok)</li> <li>➤ gift wrap, gift bags, gift tissue paper, cards (no metallic inks, foil, wire, glitter, batteries)</li> <li>➤ paperback books, phonebooks (covers OK)</li> </ul>	shredded paper soda, seltzer, beer cartons frozen food boxes ice cream cartons frozen juice cartons butter, margarine boxes paper plates paper egg cartons take-out containers paper towels, napkins tissues plastic bags, plastic packaging Tyvek/ bubble wrap envelopes stickers & sticker sheeting copy paper wrappers blueprints hardcover books dirtied paper (pet waste, paint) wet paper, wet cardboard waxed paper or cardboard		
For more information: <a href="http://springfieldmrf.org">springfieldmrf.org</a> 2026			